

Virginia's Bright, Blooming Shenandoah Valley

# Southern Living®

The heart of Southern life

## Springtime Comes Alive



## A Palm Beach Treat

Visit this neighborhood restaurant for a true taste of Florida.

If you want to look like a local, but your Rolls-Royce is in the shop, check out Sprinkles of Palm Beach. Just pull on your Ralph Lauren tennis visor, slip into a Lilly Pulitzer sundress, and ditch your camera. No one will ever suspect that you're a tourist.

This neighborhood creamery and cafe, an institution in this preppy waterfront town, is *the* place to sample a true taste of Florida. Known first and foremost for its ice cream, Sprinkles ranks its Triple Chocolate Supreme as the top-selling flavor. In fact, *People* magazine honored Sprinkles with the #1 Ice Cream Award for this flavor last September. And in honor of the Sunshine State, owner Donna Marks offers Floridian flavors such as Key lime sorbet and coconut ice cream.

In addition to dessert, Sprinkles dishes out a mean chicken salad sand-

wich (on fresh-baked bread) and loaded quiche. The egg and tuna salads also draw raves. Most folks stop in for lunch or a light dinner, and then top it off with a scoop, or two, of ice cream.

Donna wanted a place for both locals to mingle and tourists to sample the charms of Palm Beach. The third owner of this 20-year-old creamery, Donna recently added outdoor seating. The place has become so popular that many nights there's a line out the door. And not just your everyday folks stand in queue either.

"I'm not a celebrity person, so I don't usually recognize them when they come in the store," admits Donna. She did recognize Michael Jackson, Rod Stewart, and Jimmy Buffett, but when the owner of a big sports team visited, she had no idea. "Everyone told me I should let him to the front



A small customer shares a spoonful of her favorite dessert at Sprinkles.

of the line and not make him wait. But we consider everyone famous at Sprinkles."

**Sprinkles of Palm Beach:** 279 Royal Poinciana Way, Palm Beach, FL 33480; (561) 659-1140 or [www.sprinklespb.com](http://www.sprinklespb.com). **Hours:** 9 a.m.-10 p.m. Monday-Thursday, 9 a.m.-11 p.m. Friday-Saturday, 11 a.m.-10 p.m. Sunday. ♦